

Working Together to Extend your Child's Learning at Home

As we work in partnership with parents/carers we ask that you continue to enhance your child's learning and development at home over the coming weeks through sharing and exploring some or all of the following activities, which you can enjoy together:

New items added to YouTube -

[Auntie Jen reads Ready Steady Mo](#)

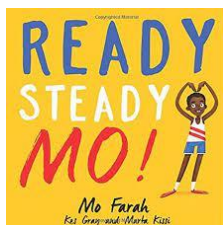
[Rhyming with Auntie Rachel](#)

[Peppa Pig Sports Day](#)

[Cosmic Yoga Sports Day Kids Yoga](#)

Activities to do:

- Read your child the story Ready Steady Mo or watch the above link to see Auntie Jen reading it. We are having a sport themed week at Little Lambs. Chat to your child about races and coming 1st, 2nd or 3rd (known as ordinal numbers). Draw your child's attention to the rhyming words in the story.



- You could have races with toy cars down a ramp and rank which car went furthest (first) etc. You could play egg and spoon races and see who the winner is. Make a sponge boat and blow across the sink/bath. Who is first/second/third etc? Play "Flap the Fish" race game:

[How to play Flap the Fish game](#)

Play a caterpillar race game:

[How to play Caterpillar Race](#)

There is an online game that can also practice these ordinal numbers by racing cars on a track:

[Car Race Order game](#)

- Make any activity into a timed activity. Play simple games like how fast you can empty the sock drawer (timed to see who is the fastest) or a getting dressed game (clothes or coat/hat and scarf etc) could also be lots of fun and achieve the same goal.
- Collage a sports trophy. Draw a trophy shape on card and either cut it out or ask your child to cut it out. Cover it in glue and stick a variety of sparkly things to it - perhaps sweet wrappers, glitter or sequins.
- Create a salt dough medal using the below recipe.
[How to make salt dough | BBC Good Food](#)
You could create it any shape you want, press objects into it to create texture and paint it when cooked - remember to make a hole in the top before you bake it to put some ribbon through to be able to wear the medal!
- Follow the above link to watch Peppa Pig Sports Day. Talk to your child about our Little Lambs Sports Day so they will have an idea what to expect or recall the event - can they remember which races they ran in?
- Talk to your child about races and how some people may be faster than others and we cannot win every time. Explain that it is not just winning that is important, but the taking part. If they try their hardest then they should be proud.
- Watch the above Rhyming with Auntie Rachel video. Read some rhyming stories with your child, recite their favourite nursery rhymes, or go on a hunt around the house for objects that rhyme. Draw their attention to the rhyming words and reinforce them by saying the words together so they can hear the similarities.

- Get physical by following the Cosmic Yoga Sports Day workout.
- Play alongside your child at an activity of their own choosing. As they play use the commenting approach (see below link) to give a running commentary of what they are doing. Continue to try to carry out the commenting approach with your child for approximately 10 minutes daily.

[An introduction to using the commenting approach with your child](#)

Below are some useful links that you may wish to browse to find other ideas for activities!

- ❖ [Better Health Start for Life - tips on helping your child to talk](#)
- ❖ [Activities for babies, toddlers and children - BBC Tiny Happy People](#)
- ❖ [Family Zone | National Literacy Trust](#)
- ❖ [Black Country Early Outcomes | Activities for under 5s](#)

[Activities for kids: Fun development and bonding ideas for babies, toddlers and pre-school children](#)

Black Country Outcomes -

Black Country Early Outcomes is a website that is designed to help parents, support the early identification of speech and language needs and to provide information for parents and practitioners, give access to training and enable parents and practitioners to create language rich environments for all children.

Their website has a wealth of information for parents and there is a section regarding school readiness.

The below link will take you to a 'Little Chick' story that you can share with your child to help them become prepared for the changes that will happen in their lives as they start school:

[Little Chick Starts School Story](#)

Little Chick starts school



Little Chick Starts School is a story all about what to expect when a child starts Reception. It's designed to be read by parent and child together. Inside, there are also lots of tips about how parents can support their child emotionally and practically as they begin this exciting new chapter.

blackcountryearlyoutcomes.co.uk